Parenting Workshops

We will be discussing, sharing experiences and problem solving together.

Objectives:

- Equip parents/carers with skills, knowledge and confidence to support their child's development, manage behaviours and improve family relationships.

The three sessions are on the followings dates:

Wednesday 10th June,
Monday 15th June and
Friday 19th June at 9.30am
at Beecroft Academy.

If you would like to attend please contact our office by telephone 01582 663486 or by email, office@beecroftacademy.co.uk

Attendance Workshop

Attendance builds opportunity

Small percentages accumulate

School supports academic and emotional development

Consistency matters more than perfection

On Wednesday 8th July or Tuesday 14th July at 2pm
At Beecroft Academy

If you would like to attend please contact our office by telephone, 01582 663486 or by email, office@beecroftacademy.co.uk

SATS Party

FREE

WEDNESDAY 20 MAY

3.30 PM TO 5.30PM

GROVE CORNER (LU6 1JF)

Hang out and party!

Refreshments and pizza provided!

Dunstable schools only | Ages 10 to 12

GC

Grovecorner@dunstable.gov.uk 01582 891434

GroveCorner GroveCorner

DUNSTABLE TOWN COUNCIL

PLACES KIDS EAT FREE (OR FOR £1) MAY HALF TERM 2026

moneysavingcentral.co.uk/kids-eat-free

ANGUS STEAKHOUSE
Kids under 8 eat FREE daily, 12pm to 5pm

ASDA
Kids eat for £1 daily, with no adult spend

ASK ITALIAN
2 Kids eat free 27th March - 19th April 2026

BELLA ITALIA
Children eat free Sunday - Thursday

BEEFEATER & BREWERS FAYRE
2 Kids Eat Free Breakfast with 1 paying adult

BILLS
Kids eat free Mon 25th – Fri 29th May 2026

BREWDOG
Kids eat free 23rd - 31st May 2026

CAFE ROUGE
Kids Eat FREE 12-4pm every day of the week

CHIQUITO
Kids eat free during all school holidays

COCONUT TREE
Kids eat free during half terms

DOBBIES GARDEN CENTRES
Kids eat for £1 with an adult meal purchase

FARMHOUSE INNS
Kids eat FREE from 25th – 29th May 2026

FLAMING GRILL PUBS
Kids eat FREE from 25th – 29th May 2026

FRANKIE & BENNYS
Kids eat FREE during school holidays

FRANCO MANCIA
Kids eat FREE school holidays Mon-Thurs

FUTURE INNS
Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS
Kids under 10 eat FREE all day, every day

HUNGRY HORSE
Kids eat for £1 from 25th to 29th May 2026.

IKEA
Kids get a meal from 95p daily from 11am

LAS IGUANAS
Kids under 12 eat FREE via the App

MARCO PIERRE WHITE
Kids under 12 Eat FREE daily with an adult spend

MORRISONS
Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM
Kids eat FREE with every £4 spend all day

PIZZA HUT
Kids Eat Free Every Day after 3pm

PREMIER INN
2 kids eat for free with 1 adult breakfast

PRETO
Kids up to age 10 eat free with 1 paying adult

PREZZO
Kids up to age 12 eat for £1 during half terms

PUREZZA
Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS
Kids eat for £1 on Wednesdays

SIZZLING PUBS
Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE
2 Kids Eat free breakfast daily with 1 paying adult

TESCO
Kids eat free May half term with any adult spend

TGI FRIDAYS
Kids Eat Free Mon 11th - Sun 31st May (Via App)

THE REAL GREEK
Kids under 12 eat FREE Sundays with £10 spend

TRAVELODGE
2 kids eat for free with 1 adult breakfast

TURTLE BAY
Kids eat free with every £15 adult spend via app

VILLAGE HOTELS
Kids eat free weekdays via the village app

WHITBREAD INNS
2 kids eat for FREE with 1 adult breakfast

YO! SUSHI
Kids eat free all day (weekdays) in school holidays

ZIZZI
Kids eat free via app during school holidays

Copyright of MONEY SAVING CENTRAL

THE WONDER HOUSES

At Wardown House, Museum & Gallery

A free museum adventure for curious children!

Seek out the creative and colourful houses to delve deeper into the wonderful world of Wardown's treasured collection

Discover Bucks Museum
& Roald Dahl Children's Gallery

Discover Bucks Museum
Church Street
Aylesbury HP20 2QP
discoverbucksmuseum.org
01296 331441

Mythical May Half Term

23 - 31 May 2026

We'll be exploring the world of **Anglo-Saxon myths and legends** with a week of mythical and magical crafts: get ready for dragons, wizards and giants this May half term! Explore **The SAXONS exhibition**, unwind in the sensory room and don't forget to play, learn and explore in the **Roald Dahl Children's Gallery.**

Discover more at discoverbucksmuseum.org or scan the QR code

SCAN ME

LOTTERY FUNDED
Supported using public funding by ARTS COUNCIL ENGLAND
BUCKINGHAMSHIRE COUNCIL est. 2020

May Half Term

This May half-term join us at Discover Bucks Museum in Aylesbury for a week of Mythical family fun!

23 - 31 May 2026

Mythical May Family Crafts

Monday 25 May – **Decorated Book Boxes** (4-11yrs)

Tuesday 26 May – **Dragon Marionettes!** (4-11yrs)

Wednesday 27 May – **Merlin's Potion Jars** (4-11yrs)

Thursday 28 May – **Nature Sprite Puppets** (4–11yrs)

Friday 29 May – **Spy Craft! With Mark Creasy** (5-11yrs)

Join us for fun activities every Bucks school holiday!

For more event details, charges and to book please scan the QR code or visit discoverbucksmuseum.org

Explore the Roald Dahl Children's Gallery

Step into the magical world of Roald Dahl's stories. Crawl through Fantastic Mr Fox's tunnel, investigate minibeasts inside the Giant Peach, and explore sound with the BFG in this much-loved, hands-on gallery. Packed with playful exhibits inspired by Roald Dahl's stories, it's a joyful way for children to discover science and the world around them.

Open daily over May Half Term

The SAXONS are here!

- Meet the Saxons through engaging films, sounds, and immersive experiences.
- Hands-on interactives and digital storytelling bring history vividly to life.
- Discover real artefacts and try the fun family trail and creative activities.
- **An great day out for curious minds and young explorers!**

Discover Bucks Museum
Aylesbury HP20 2QP
01296 331441 | discoverbucksmuseum.org

Supported using public funding by ARTS COUNCIL ENGLAND

SCAN ME

MAY HALF TERM FARM DAY

Autism BEDFORDSHIRE

The Grange Farm, The Grange Academy,
Halsey Rd, Kempston, Bedford MK42 8AU

Tuesday 26th May 2026

11am - 1pm

£5 per child (+ booking fee)

Book Online Now!

Click the link in post or scan the QR code to book!

GROW WILD OUTREACH

PRESENTS

S.E.N.D

SUMMER HOLIDAY

club

BEDFORDSHIRE

AN OUTDOOR HOLIDAY CLUB FOR CHILDREN AND YOUNG PEOPLE WITH ADDITIONAL NEEDS.

STEP AWAY FROM SCREENS AND CLASSROOMS – ENJOY A SUMMER OF ADVENTURE, NATURE AND NEW EXPERIENCES IN A SAFE, SUPPORTIVE, OUTDOOR ENVIRONMENT.

Book Now!

SPACES LIMITED

VISIT OUR LINKTREE FOR MORE INFORMATION & BOOKING

GROW WILD OUTREACH

EXCLUSIVE GYM PLAY SESSION

MAY HALF-TERM

Harlequin Gymnastics, 8, Greaves Way
Industrial Estate, Stanbridge Rd, Leighton
Buzzard LU7 4UB

5 -14 years old

Wednesday 27th May 2026

1.15pm - 2.45pm

£6 per child (+ booking fee)

Book Online Now!

Click the link in post or scan the QR code to book!

Autism BEDFORDSHIRE

HARLEQUIN

THE REGULATION STATION SUMMER FAIR

Saturday 6th June
11am to 3.30pm

PRIORY PARISH HALL, DUNSTABLE, LU5 4RU

FREE ENTRY

JOIN US FOR LOTS OF FUN!

· market stalls ·
· yummy food ·
and much more

We will be holding a raffle with all proceeds going to The Regulation Station

SUPPORTING YOUR AUTISTIC TEENAGER

PARENT/CARER COURSE

£25
Per Person
+ Booking Fee

When?

Monday 8th, 15th and 22nd June 2026
(Attendance at all sessions is required)

6:30pm to 8:30pm

Autism Bedfordshire Head Office,
1 Hammond Road,
Elms Farm Industrial Estate,
MK41 0UD

Delivered by Sarah Polack - Parent, Cognitive Behavioural Therapist & DBT Practitioner. Across three sessions, Sarah will share real life experiences, positive approaches and valuable insights into supporting autistic teenagers.

Aims of the session:

- Help you to understand your teenager and learn strategies to help them thrive
- Recognising their strengths and potential
- Offer a safe environment to share experiences with other parents

To book your place: Click below or scan the QR code to book!
https://tinyurl.com/y7u2s8s6

Online support courses for Parents

Building Emotional Resilience

Work through six stages of directed exercises to help your child (and yourself) improve emotional resilience.

Facing Defiance

A specific strategy aimed at supporting parents of children aged 5 to 12 with ADHD, ODD or just very challenging behaviour.

You & Your Teen

A skills building course for one parent and one teen (12 years old and above) to learn how they can both improve their communication with each other.

www.facefamilyadvice.co.uk
Online Parenting Courses page
Email:info@facefamilyadvice.co.uk

FAMILY ADVICE · COMMUNICATION · EDUCATION

Capa First Response

Together for safer families

Free online parent/carer drop-in support

EVERY WEDNESDAY
12:30-1.30pm (GMT)

A safe, welcoming space for parents and carers experiencing child to parent aggression and/or harm

SCAN ME

To book your place

Join our live Q&A

An opportunity to ask questions and think about what might be the drivers behind the behaviours you are experiencing at home.

NHS
East London
NHS Foundation Trust

Bedfordshire and Luton
RECOVERY College
Rethink
Relearn
Recharge

Carer's Wellbeing Workshop

Explore Carer's personal strengths, understand how caring affects wellbeing and discover practical resources that support resilience, self care and confidence in caring roles for individuals navigating everyday challenges together.

Monday 11th and
Monday 18th May
1:30 - 3:30pm

Online or
Luton Central Library 2nd Floor

Telephone 01234 263 621 Email: elft.recoverycollege@nhs.net

Central Bedfordshire Libraries

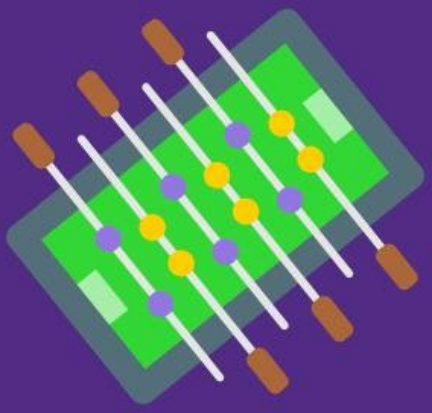
Table Toppers

Get in the game!

Dunstable Library

Tuesdays 4.15pm to 5pm

(Term time only - first session 5 May)



drop in and play table top games including football, air hockey and pool