



Parenting Workshops



We will be discussing, sharing experiences and problem solving together.



Objectives:

- Equip parents/carers with skills, knowledge and confidence to support their child's development, manage behaviours and improve family relationships.



The three sessions are on the followings dates:

Wednesday 10th June,
Monday 15th June and
Friday 19th June at 9.30am
at Beecroft Academy.

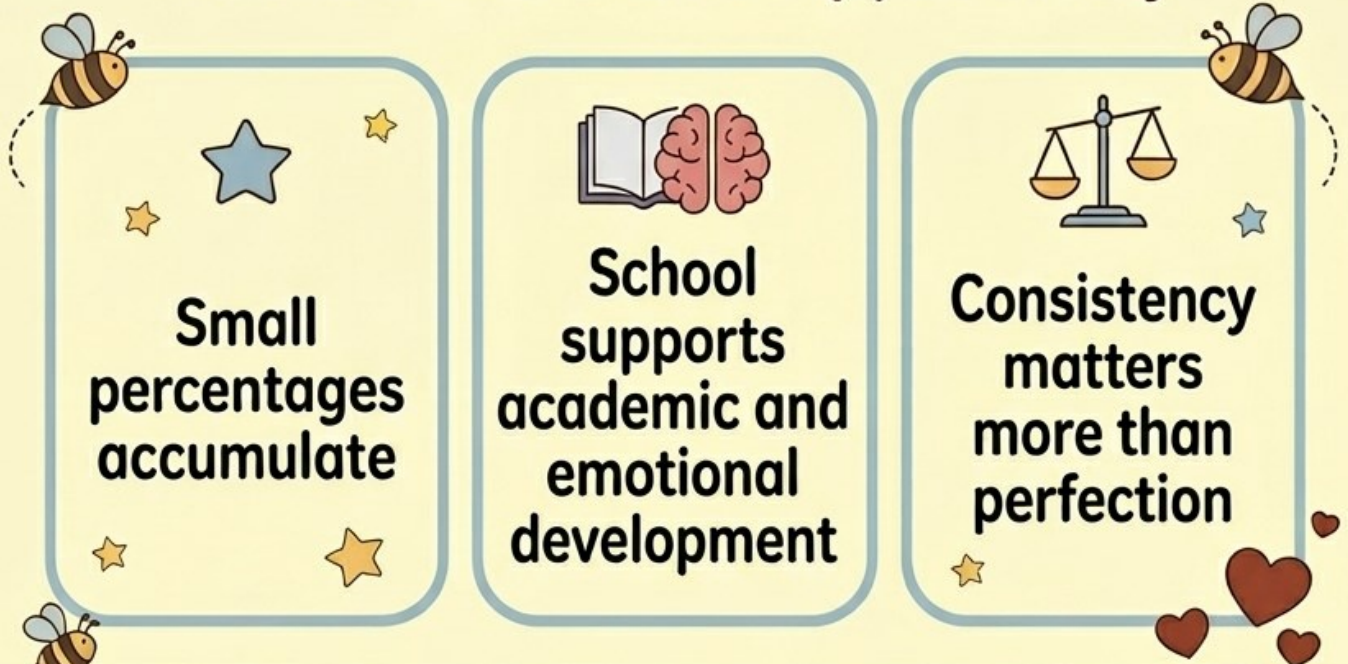


If you would like to attend please contact our office by telephone 01582 663486 or by email, office@beecroftacademy.co.uk



Attendance Workshop

Attendance builds opportunity



**On Wednesday 8th July or
Tuesday 14th July at 2pm
At Beecroft Academy**



**If you would like to attend please contact
our office by telephone, 01582 663486 
or by email, office@beecroftacademy.co.uk**



Nurture Hub Therapy Service



Low-Cost Counselling for Parent Carers

We offer low-cost counselling for parent carers of children or young people with SEND - regardless of whether they have a formal diagnosis. As a team, we have experience ourselves as parent carers, and are passionate about supporting parent carer mental health.

Our services include:



Up to 20 weeks of telephone or Zoom counselling. Our prices are affordable, starting from £35 a session.



Online therapeutic groups, which are free to attend (donations gratefully accepted) - such as our monthly, online creative therapy group.



1:1, one-off, behavioural support and advice sessions - practical support to help you make sense of your child's behaviour.

For more information, or to register your interest,
please reach out to us at:
nurturehub@icloud.com



Nurture Hub Therapy
Service



Online Creative Therapy Group for Parent Carers

...on the first Tuesday of each month, from
10am - 11am.

For parent carers of all artistic abilities, with a child
or young person with special educational needs or
disabilities - no need for a diagnosis!

Free to all - but donations are welcomed via our website.

For more information, or to register your interest,
please reach out to us at:
nurturehub@icloud.com

BEDFORDSHIRE BALLERZ FOOTBALL ACADEMY

WEEKLY TECHNICAL TRAINING CENTRES



DEVELOP THE **PERSON**. DEVELOP THE **PLAYER**.



IMPROVE TECHNIQUE

Build Better Players



ENHANCE CONFIDENCE

On and Off the Pitch



MAXIMISE POTENTIAL

Every Player, Every Session

**PLAYERS OF
ALL ABILITIES
WELCOME!**

EVERY JOURNEY
STARTS HERE

THE BALLERZ PLAYER DEVELOPMENT PATHWAY



**TECHNICAL
TRAINING CENTRES**

MASTER THE BASICS
BUILD THE FOUNDATION



**DEVELOPMENT
SQUADS**

GROW YOUR GAME
DEVELOP YOUR SKILLS



**ACADEMY
SQUADS**

TRAIN LIKE A PRO
COMPETE & IMPROVE



**JUNIOR PREMIER
LEAGUE**

COMPETE WEEKLY
TEST YOUR LEVEL



**PROFESSIONAL
PATHWAY**

SHOWCASE. PROGRESS.
ACHIEVE YOUR DREAMS.



EXPERT COACHING

FA QUALIFIED &
UEFA LICENSED
COACHES



FUN & ENGAGING

POSITIVE ENVIRONMENT
FOCUSED ON ENJOYMENT
& DEVELOPMENT



PROVEN PATHWAY

STRUCTURED DEVELOPMENT
ROUTE ALIGNED TO OUR
ACADEMY PROGRAMME



INCLUSIVE FOR ALL

ALL ABILITIES.
ONE CLUB. ENDLESS
OPPORTUNITIES.

JOIN US THIS WEEK!

**WEEKLY SESSIONS
ACROSS BEDFORDSHIRE**
CHECK OUR WEBSITE & SOCIALS
FOR TIMES & VENUES

FOLLOW US



VISIT OUR WEBSITE
[www.creativesports
coaching.co.uk](http://www.creativesportscoaching.co.uk)



J&R MAY HALF-TERM CAMP

TUE 26TH - FRI 29TH MAY

VENUE 360 | 9AM-3PM | AGES 5-14

SIBLING DISCOUNT AVAILABLE

EARLY/LATE PICKUP OPTIONS AVAILABLE

B O O K Y O U R P L A C E

£24

PER DAY
(BOOKED SEPERATELY)

£88

4 DAYS
(BOOKED TOGETHER)



07457403605

JANDRCOACHING@HOTMAIL.COM

JANDRCOACHING.CLASS4KIDS.CO.UK

JOIN US FOR OUR

SUMMER FETE

FUN
FOR ALL THE
FAMILY!

13TH & 14TH
JUNE
10AM - 6PM

THE SECRET FARM
WATCH US GROW

ANIMALS
FROM
KNOTTS
FARM!

★ A WHOLE WEEKEND OF FUN, LAUGHTER & MEMORIES! ★



LIVE
MUSIC



CHILDREN'S
SHOWS &
ENTERTAINMENT



WORKSHOPS



LOCAL CRAFT
& FOOD
STALLS



BBQ



ICE CREAM



LICENSED
BAR



LARGE
SANDPIT



RIDE ON
GO KARTS



RIDE ON
TRACTORS



BOUNCY
CASTLES



BARREL
TRAIN RIDES

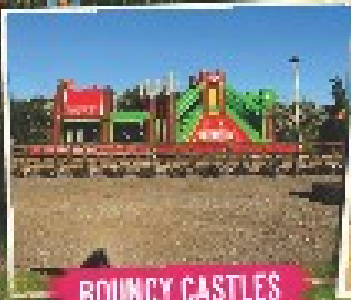


FACE
PAINTING

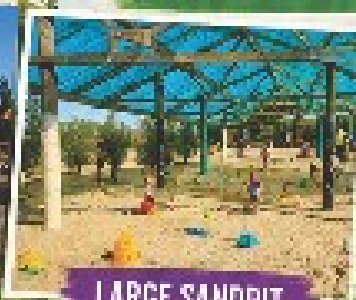


LICENSED
BAR

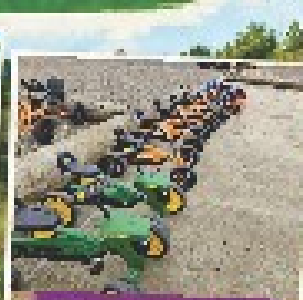
★ AND MUCH MORE! ★



BOUNCY CASTLES



LARGE SANDPIT



RIDE ON GO KARTS



RIDE ON TRACTORS

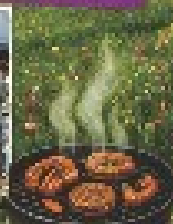
GOOD TIMES

FRESH AIR

GREAT MEMORIES



BARREL TRAIN RIDES



www.thesecret.farm

Helping an ADHD Child with Homework



FREE one hour online session for parents

Thursday 25th June 7pm - 8pm

Join us online to get some advice on how to help your
ADHD child start and complete their homework.

Book on the PARENTS - Live Talks page
facefamilyadvice.co.uk



June 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Understanding Anger	1 June 10am
School Anxiety	1 June 7pm
Facing Defiance	2 June 10am
Supporting Healthy Screen Use	2 June 7pm
Anxiety Explained	8 June 10am
Cannabis & Ketamine Awareness	8 June 7pm
Introduction to OCD	9 June 10am
What is ACT?	9 June 7pm
Decreasing Depression	15 June 10am
Raising Self-Esteem	15 June 7pm
Understanding the Teenage Brain	16 June 10am
Supporting Healthy Sleep	16 June 7pm
Improving Family Communication	22 June 10am
Autism-Improving Communication	22 June 7pm
Supporting a Child with ADHD	23 June 10am
Understanding Addictive Behaviour	23 June 7pm
ADHD and Homework	25 June 7-8pm

READ ^{to} the BEAT

The Summer Reading Challenge is an annual challenge run jointly by The Reading Agency and public libraries. This year the challenge is Read to the Beat, all about being musical and ties in with the National Year of Reading 2026.

It runs Friday 17th July to Saturday 5th September 2026.

Children are encouraged to read whatever they choose for the challenge, recognising the importance of reading for pleasure in increasing empathy and improving well-being, as well as in children's educational success. The theme this year is all about music! Children will be able to find books linked to their favourite creative arts, and access activities at the library.



The Challenge

- ❖ Children must be members of the library service. Join the library [here](#) or go to your local library.
- ❖ The challenge invites children to read six library books or more during the summer holidays.
- ❖ Children can borrow books or read our e-books, magazines and audiobooks available on our BorrowBox and PressReader app. [More about e-resources](#)
- ❖ Families can sign up for the challenge at any library, at any stage in the summer from Friday 17th July.
- ❖ Children are awarded a certificate and a medal for reading 6 books.
- ❖ Children completing the challenge (6 books) will be entered into a lucky dip at their library for the chance to win a £40 voucher for The Works to buy arts, crafts and books.

Struggle with reading?

We can help!

- ❖ For dyslexia, we have collections of shorter books, with special fonts and paper – and great stories.
- ❖ The BorrowBox app has special accessibility features, which allow customers to select font, background and font size.
- ❖ Picture books aren't just for toddlers! Libraries have collections of older picture books for young readers.
- ❖ Get hooked on graphic novels (comic style books).
- ❖ Learning to read? Select from beginning to read or short chapter books
- ❖ Booklists with lots of ideas available on our Virtual Library [Books and Reading - Children and Teenagers Pages](#)
- ❖ Some children (especially boys) prefer non-fiction. Dinosaurs, transport and space are particularly popular.
- ❖ Enjoy stories through audiobooks. Free to borrow on CD or download with BorrowBox.



All libraries will have [activities](#) for children available throughout the summer.

All libraries offer a Treasure Hunt to children when they complete the reading challenge



FOOTBALL
DEVELOPMENT

OPEN TRIALS

TRIALS IN:

PETERBOROUGH
CAMBRIDGESHIRE
HERTFORDSHIRE
SUFFOLK
SURREY



SCAN
HERE
TO
BOOK





FOOTBALL
DEVELOPMENT

OPEN TRIALS

TRIALS IN:

PETERBOROUGH

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HERTFORDSHIRE

SUFFOLK

SURREY



SCAN
HERE
TO
BOOK



BEDFORDSHIRE **ALLERZ** FOOTBALL ACADEMY

WEEKLY TECHNICAL TRAINING CENTRES

- + Learn new skills
- + Build confidence
- + Fun environment
- + All abilities welcome
- + End of term reports
- + Academy pathways
- + Ages 9 to 15 years

**GIRLS ONLY
FOOTBALL
FLITICK
every THURSDAY**

**Flitwick Football Centre
every Thursday**

**new term starts
Thursday 4th June**

Book online : www.creativesportscoaching.co.uk



Bedfordshire

Fire & Rescue Service

bedsfire.gov.uk

Southfields Road
Kempston, Bedford
MK42 7NR

bedsfirealert.co.uk

@bedsfire

Dear Parents and Carers,

Important water safety message – please read

As the school holidays approach and the weather becomes warmer, we want to share some vital information about water safety. Many young people enjoy spending time near rivers, lakes, and other open water, but these environments can be very dangerous—even for strong swimmers.

This message is supported by Bedfordshire Fire & Rescue Service and local partners, including the Police, the East of England Ambulance Service (EEAST), RLSS and local authorities, who often respond to water-related incidents during the summer.

Open water areas may look inviting, but they can hide serious hazards such as:

- **Cold water shock** – sudden immersion can cause gasping, panic and breathing difficulties
- **Hidden dangers** – weeds, debris, strong currents and sudden changes in depth
- **Risk of injury** – jumping or diving into unknown water can cause serious harm

Emergency Advice

If someone is in trouble in the water:

- **Do not enter the water yourself**

Phone – Float – Throw

If you see someone struggling in the water, remember **Phone – Float – Throw**. It is a simple way to act quickly while keeping everyone safe.

- **Phone** – call 999. Ask for the Fire Service for inland water (rivers, lakes, canals) or the Coastguard at the coast.
- **Float** – Encourage the person to **float on their back** with their ears in the water, relax their breathing, and call for help. Once they feel calmer, encourage them to swim to safety if they can.
- **Throw** – help them to float in the water by throwing something that floats (a lifebuoy, throwline, football, or even a bottle) and encourage them to hold on. Keep talking to them until help arrives.

More information about water safety is available on the Respect the Water website:

www.respectthewater.com and the Bedfordshire Fire & Rescue Service website: www.bedsfire.gov.uk.

The RLSS [water Safety Code video](#) is also easy to understand for young people

Please take a moment to talk with your child about these key messages to help keep them safe and ensure everyone enjoys the warmer months.

Kind Regards

Stacey Moore
Community Safety Officer
Bedfordshire Fire and Rescue Service

