



PSHE/ RSHE Curriculum Map (2026 - 2027)

This framework aims to support the planning, teaching, and progression of PSHE/ RSHE by setting out the key areas of knowledge, skills and understanding across eight core themes for EYFS - Year 6:

Keeping/Staying Safe

Keeping/Staying Healthy

Relationships (KS1)/ Growing and Changing (KS2)

Being Responsible

Feelings and Emotions

Computer Safety

Our World (KS1) / The Working World (KS2)

A World Without Judgement (KS2)

1 Decision – suggested topic overview Y1-Y6:

LEARNING AREAS	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Keeping Safe	What I Know Now	Tying Shoelaces	Leaning out of Windows	What I Know Now	Peer Pressure	Water Safety
	Road Safety	Staying Safe	What I've Learnt	Cycle Safety	Adults' & Pupils' Views	What I've Learnt
Keeping Healthy	What I Know Now	Healthy Eating	Medicine	What I Know Now	Smoking	Alcohol and Drugs
	Washing Hands	Brushing Teeth	What I've Learnt	Healthy Living	Adults' & Pupils' Views	What I've Learnt
Relationships/Growing & Changing	What I Know Now	Bullying	Touch	What I Know Now	Puberty	Conception
	Friendship	Body Language	What I've Learnt	Relationships	Adults' & Pupils' Views	What I've Learnt
Being Responsible	What I Know Now	Practice Makes Perfect	Stealing	What I Know Now	Looking Out for Others	Stealing
	Water Spillage	Helping Someone	What I've Learnt	Coming Home on Time	Adults' & Pupils' Views	What I've Learnt
Feelings and Emotions	What I Know Now	Worry	Grief	What I Know Now	Anger	Worry
	Jealousy	Anger	What I've Learnt	Jealousy	Adults' & Pupils' Views	What I've Learnt
Computer / Online Safety	What I Know Now	Image Sharing	Making Friends Online	What I Know Now	Image Sharing	Making Friends Online
	Online Bullying	Computer Safety	What I've Learnt	Online Bullying	Adults' & Pupils' Views	What I've Learnt
Our World / The Working World	What I Know Now	Living in Our World	Looking After Our World	What I Know Now	Enterprise	In-App Purchases
	Growing in Our World	Working in Our World	What I've Learnt	Chores At Home	Adults' & Pupils' Views	What I've Learnt
A World Without Judgement	What I Know Now	Individual Liberty	Tolerance	What I Know Now	Inclusion & Acceptance	British Values
	Democracy	Rule of Law	What I've Learnt	Breaking Down Barriers	Adults' & Pupils' Views	What I've Learnt
Fire Safety / First Aid	What I Know Now	Petty Arson	Texting Whilst Driving	What I Know Now	Year 5 - Part 1	Year 6
	Hoax Calling	Fire Station Visit	What I've Learnt	Year 4	Year 5 - Part 2	What I've Learnt

Making Me

Stories can be found in the Making Me packs in each classroom. EYFS - Year 4. Year 1 have 10 Making Me KIPSY stories across the year so all of these will be covered, 2 a half term then 1 in Summer 2. Years 2 and 3 have too many to fit in so I have planned one in a half term - you do not have to use the one I have chosen, you can choose one to match the needs of your class. Years 4-6 do not have KIPSY time but will have access to workshops across the year - dates TBC.



EYFS	Year 1	Year 2	Year 3 <i>*These characters match with the characters on the Feelings Cards – given to yrs. 3-6</i>	
Angry – Spring 1 Excited – Summer 2 Happy – Spring 2 Loved - Autumn 2 Okay – Summer 1 Sad – Autumn 1	Angry Amber – Spring 1 Brave Bella – Summer 2 Disappointed Daniel – Autumn 2 Excited Edward – Autumn 2 Grumpy Greta – Spring 2 Happy Harry – Autumn 1 Loved Lucy – Summer 1 Okay Ollie – Spring 2 Sad Sadie – Summer 2 Worried William – Autumn 1	Angry Daisy Brave Rosie Confused Molly – Spring 1 Disappointed Jason Excited Thomas Frustrated George – Spring 2 Grumpy Meena – Autumn 2 Happy Harvey Lonely Zac – Summer 1 Loved Charlotte Nervous Joshua – Summer 2 Okay Ayesha Proud Lucy Sad Sofia Shy Jaynil – Autumn 1 Worried Fraser	Accepted Matthew Angry Scarlett Bored Saanvi Brave Lucas Confused Ben Disappointed Aarav – Autumn 2 Embarrassed Noah Excited Elena Frustrated Matteo – Summer 2 Grumpy Dalu	Guilty Brianna Happy Charlie Jealous Asha – Summer 1 Lonely Devan Loved Lydia Nervous Jakub – Spring 1 Okay Poppy Proud Samara Resilient Joe – Spring 2 Sad Milena Shy Samir Worried Patrick – Autumn 1

	<u>AutumnTerm</u>	<u>Spring Term</u>	<u>Summer Term</u>
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 EYFS	 B1 Being ME B2 Being Calm B3 Being Ready B4 Being Happy B5 Being Patient B6 Being Safe B7 Being By Myself B8 Being Heard	 D1 Knowing Myself D2 Building Trust D3 Acting Brave D4 Following Rules D5 Helping Myself D6 Healthy Choices D7 Understanding Others D8 Thinking Big	 C1 Caring For Myself C2 Caring For Others C3 Caring And Sharing C4 Caring For My Friends C5 Caring About Making Up C6 Caring About Difference C7 Caring About My Class C8 Caring About Nature
Making Me 	Autumn 1 - Sad Autumn 2 - Loved	Spring 1 - Angry Spring 2 - Happy	Summer 1 - Okay Summer 2 - Excited
Topical PSHE	Mental Health Awareness Month - October Black History Month - October Remembrance Day - November Anti-bullying Week – November	Children's Mental Health Week Class charity	Democracy - Election of school/ eco councillors Transition Days

Year 1 5-8 Resources	Feelings and Emotions - Assessment Baseline - Jealousy Being Responsible - Assessment Baseline - Water Spillage Computer Safety <i>(or spring depending on number of weeks in a term)</i> - Assessment Baseline - Online Bullying	Our World - Assessment Baseline - Growing in our World - (<i>Our Bodies</i>) Relationships - Assessment Baseline - Friendship	Keeping/Staying Healthy - Assessment Baseline - Washing Hands Keeping/Staying Safe - Assessment Baseline - Road Safety
Making Me 	Autumn 1 - Happy Harry, Worried William Autumn 2 - Disappointed Daniel, Excited Edward	Spring 1 - Angry Amber Spring 2 - Grumpy Greta, Okay Ollie	Summer 1 - Loved Lucy Summer 2 - Brave Bella, Sad Sadie
Topical PSHE	Democracy - Election of school/ eco councillors Mental Health Awareness Month - October Black History Month - October Remembrance Day Anti-bullying Week	Children's mental health week Class charity Rail Safety assembly	Transition Days
Year 2 5-8 Resources	Feelings and Emotions - Worry - Anger Hazard Watch - Assessment Baseline - Is it safe to eat or drink?	Our World - Living in our world - Working in our world <i>*can be taught in FEd</i> Relationships - Bullying	Keeping/Staying Healthy - Healthy Eating - Brushing Teeth Keeping/Staying Safe - Tying shoelaces

	- Is it safe to play with? - Assessment Summative Computer Safety (or spring depending on number of weeks in a term) - Image sharing - Computer safety - Documentary	- Body Language Being Responsible - Practice makes perfect - Helping someone in need	
Making Me 	Autumn 1 - Shy Jaynil Autumn 2 - Grumpy Meena	Spring 1 - Confused Molly Spring 2 - Frustrated George	Summer 1 - Lonely Zac Summer 2 - Nervous Joshua
Topical PSHE	Democracy - Election of school/ eco councillors Mental Health Awareness Month - October Black History Month - October Remembrance Day Anti-bullying Week	Children's mental health week Rail Safety assembly	Class charity Transition Days
Key Question		Spring 2 - How would you react if someone in your class learnt a different way to you?	Summer 1- What would you do if someone in your class was deaf? Summer 2 - What would you do if someone in your class was mute?

Year 3 5-8 Resources	Keeping/Staying Safe - Staying Safe - Leaning out of windows - Assessment Summative Keeping/Staying Healthy	Relationships - Touch - Assessment Summative Being Responsible - Stealing	Feelings and Emotions - Grief - Assessment Summative Our World - Looking after our world
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	- Medicine - Assessment Summative Computer Safety (or spring depending on number of weeks in a term) - Making friends online - Assessment Summative	- Fire safety - Assessment Summative	
Making Me 	Autumn 1 - Worried Patrick Autumn 2 - Disappointed Aarav	Spring 1 - Nervous Jakub Spring 2 - Resilient Joe	Summer 1 - Jealous Asha Summer 2 - Frustrated Matteo
Topical PSHE	Democracy - Election of school/ eco councillors Mental Health Awareness Month - October Black History Month - October Remembrance Day Anti-bullying Week	Children's mental health week Class charity Rail Safety assembly	Transition Days
Key Question	Autumn 1 - How would you react if a new starter had an accent from another place in the Country / World? Autumn 2 - What would you do if someone in your class came from a different background and spoke a different language to you?	Spring 1 - What would you do if a male wanted to become a babysitter? Spring 2 - What would you say if a boy had long hair?	Summer 1 - What would you do if one of your male friends told you they like watching romance films? Summer 2 - What would you do if a boy in school wore pink on non-uniform day?
Year 4 8-11 Resources	A World Without Judgement - Assessment Baseline - Breaking Down Barriers - Challenging stereotypes - Celebrating shared humanity	The Working World - Assessment Baseline - Chores at Home Being Responsible - Assessment Baseline	Keeping/Staying Safe - Assessment Baseline - Cycle Safety Growing and Changing - Assessment Baseline

	Feelings and Emotions - Assessment Baseline - Jealousy Keeping/Staying Healthy - Assessment Baseline - Healthy Living Computer Safety <i>(or spring depending on number of weeks in a term)</i> - Assessment Baseline - Online Bullying - Digital footprint - Identifying harmful content	- Coming Home on Time	- Appropriate Touch (relationships) <i>Introduction to puberty and periods</i>
Topical PSHE	Democracy - Election of school/ eco councillors Rail Safety assembly and workshops Mental Health Awareness Month - October Black History Month - October First Aid Workshops Remembrance Day Anti-bullying Week	Making Me resilience workshop Children's mental health week Class charity	Transition Days
Key Question	Autumn 1 - What would you say if a boy put his hair in a plait? Autumn 2 - How would you react if a member of your school started to talk in a different accent that was not there's?	Spring 1 - What would you do if someone in your class came from a different background and ate different foods to you? Spring 2 - What would you do if a boy came into school in a dress/skirt?	Summer 1 - What would you do if one of your friends who was a girl told you she wanted to be a mechanic? Summer 2 - What would you do if a male friend said to you, "that is a women's job?"

Year 5 8-11 Resources	A World Without Judgement - Inclusion and Acceptance - Adult's & Children's views Feelings and Emotions - Anger - Adult's & Children's views Computer Safety <i>(or spring depending on number of weeks in a term)</i> - Image Sharing - Adult's and Children's views	Keeping/Staying Safe - Peer Pressure Adult's and Children's views - The impact of smoking and legal / illegal substances on health. Growing and Changing - Puberty – detailed exploration of emotional, physical and hormones changes is statutory. Lessons must ensure both boys and girls understand the changes their bodies and the opposite sexes' bodies will go through. - Adult's and Children's views -	Keeping/Staying Healthy - Smoking - Adult's and Children's views Being Responsible - Looking out for others - Adult's and Children's views The Working World <i>*can be taught in FEd</i> - Enterprise and economic wellbeing - Adult's and Children's views
Topical PSHE	Democracy - Election of school/ eco councillors Rail Safety assembly and workshops Mental Health Awareness Month - October Black History Month - October Remembrance Day Anti-bullying Week	Making Me resilience workshop Children's mental health week Class charity	Transition Days
Key Question	Autumn 1 - What would you do if two of your friends who were girls told you they had two mums and no dad? Autumn 2 - What would you do if a boy came into school wearing heels?	Spring 1 - What would you say if a girl shaved off her hair and was bald? Spring 2 - What would you do if a boy wore a headscarf?	Summer 1 - How would you react if someone in your class wore 'hand me down' clothes each day? Summer 2 - How would you react if someone in your class did not learn the same way as you?

Year 6 8-11 Resources	A World Without Judgement - British Values - Assessment Summative Feelings and Emotions - Worry - Assessment Summative Computer Safety <i>(or spring depending on number of weeks in a term)</i> - Making friends online - Online safety - Assessment Summative - <u>Sexting</u> – content must clearly outline safeguarding, digital risks and the legal youth-produced sexual imagery.	Growing and Changing - Conception - Assessment Summative - <i>(Addition of: hormonal and physical changes, statutory: Puberty recap from Y5, hormonal/physical changes menstruation management, and human reproduction)</i> - Clear link to science human life cycles - Diverse identities and the LGBT community Being Responsible - Stealing - Assessment Summative	Keeping/Staying Healthy - Alcohol and substance misuse - Assessment Summative Keeping/Staying Safe - Water Safety <i>(teach before box end visit)</i> - First Aid visits - Assessment Summative The Working World <i>*can be taught in FEd</i> - In-app purchases - Assessment Summative
Topical PSHE	Democracy - Election of school/ eco councillors Local MP visit Rail Safety assembly and workshops Mental Health Awareness Month - October Black History Month - October First Aid Workshops Remembrance Day Anti-bullying Week	<u>Mock Trial</u> Making Me resilience workshop Children's mental health week	Class charity Making Me - transition to secondary workshop Transition Day

Key Question	Autumn 1 - What would you do if a boy came into school wearing make-up? Autumn 2 - What would you say if one of your friends likes a member of the same gender?	Spring 1 - What would you do if someone's parents/carers in school were both male? Spring 2 - What would you say if one of your friends who was a girl came in dressed as a boy?	Summer 1 - What would you say if one of your friends said they wanted to be a different gender? Summer 2 - What would you say if a male member of class wanted to be an air hostess?
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