

*We use technology all the time to communicate with friends, family and work colleagues. We also use it to communicate at school.*

1) List some different methods that we can use to communicate with technology.

There are a wide variety of answers.

Possible examples of how we communicate using technology are:

email, social media (Facebook, Instagram etc), text message, phone calls, video calls, chat apps (Hangouts), using software to present information (e.g. Powerpoint, Word), games consoles, TV.

2) Do you think it is harder or easier to communicate now than it was when your parents were your age?

Most pupils will say easier because we have more ways to communicate and it is now much quicker.

3) What do you think the negatives are with using technology to communicate?

Negatives might include:

it is much harder to switch off as mobile phones are used for most online communication and people have them with them most of the time;

it can cause distractions;

it is easier for people to be hurtful to others;

messages can be easily misunderstood;

people may find it harder to communicate face to face.

4) List three ways that you have communicated with people using technology.

Answers will vary depending on age and access to technology

5) When we use technology to communicate, we must think carefully about how we can use it safely and responsibly.

List all of the ways that you can keep yourself safe online.

Responses should include:

- Only communicate with people that you know in real life.
- Do not put personal details on social media or anywhere online (full name, address, school, phone number etc).
- Tell a trusted adult if someone puts something online that makes you feel uncomfortable or that you know you should not do.
- Do not write or post anything that may upset others.
- Remember that not everything that is communicated online is true!
- Never agree to meet anyone in real life whom you have only met online.
- Do not open messages or emails from people that you do not know; instead, show an adult, as they may have attachments that might cause problems on your phone or computer.