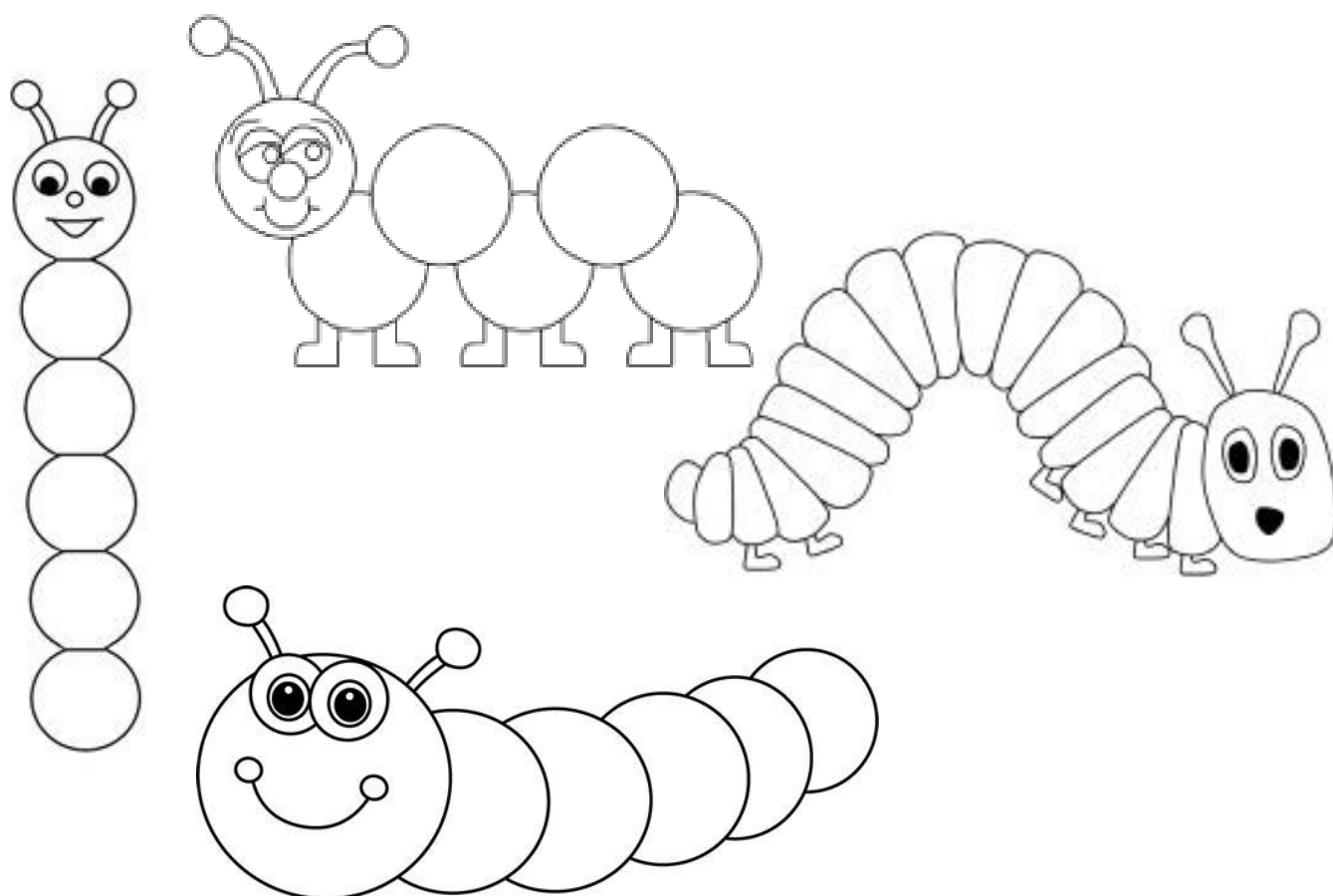


Feelings Flowers and Caterpillars

Every day when you arrive at school, you will place your caterpillar on one of the feelings flowers in your classroom. This then lets your teacher know how you are feeling.

We would like you to create your own caterpillar for your new class. You could draw your own or use one of templates below to help you. Don't forget to colour it in, cut it out and write your name on it (one letter on each section of the caterpillar's body). You can then bring it into your new class in September!

Here are a few examples- you can copy these or draw your own. It needs to be no longer than 10 cm long and no wider than 4cm.



Shield of Resilience

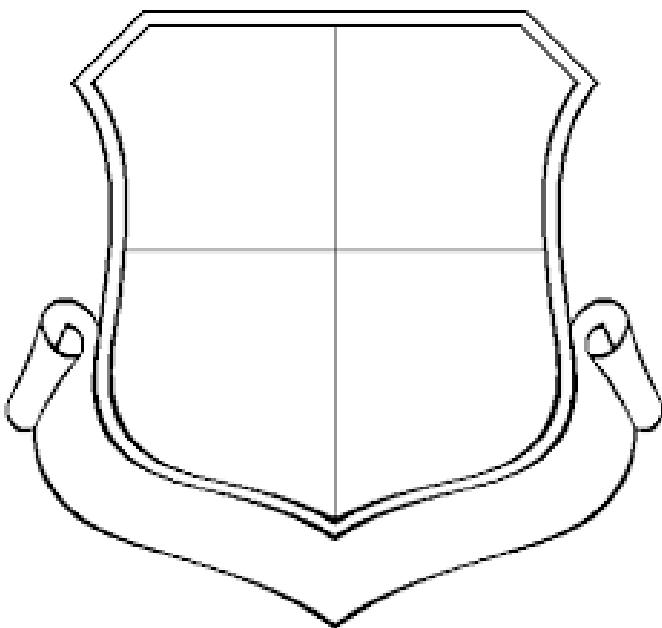
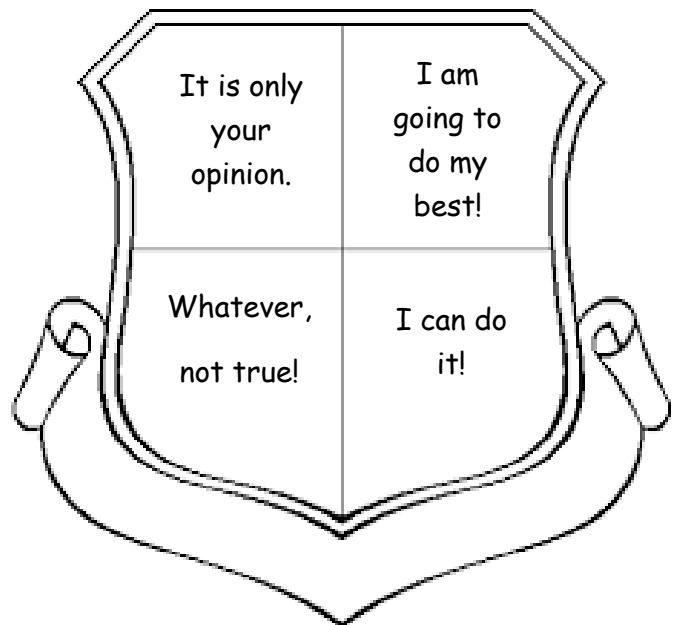
We also have a resilience shield in Key Stage 2. You should colour it, write your name on it and bring in to school with you for use in school and at home.

On the left, write who you are and how you respond to situations. On the right, write how you can be positive in the situation.

Here is an example for you.

The situation: You are told by your friend that you run so slow you will not win the race.

Here is what you could say:



Now try to create your own shield. You can use this template or draw your own.