



PSHE/ RSHE Curriculum Map

This framework aims to support the planning, teaching, and progression of PSHE/ RSHE by setting out the key areas of knowledge, skills and understanding across eight core themes for Year 1 - Year 6:

Keeping/Staying Safe

Keeping/Staying Healthy

Relationships (KS1)/ Growing and Changing (KS2)

Being Responsible

Feelings and Emotions

Computer Safety

Our World (KS1) / The Working World (KS2)

A World Without Judgement (KS2)



1 Decision - topic overview Y1-Y6:

Suggested for years 1 5-8 Resources	Suggested for years 2 5-8 Resources	Suggested for years 3 5-8 Resources	Suggested for year 4 8-11 Resources	Suggested for year 5 8-11 Resources	Suggested for year 6 8-11 Resources
KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE
Assessment - Baseline Road Safety	Tying Shoelaces	Staying Safe Leaning Out of Windows Assessment - Summative	Assessment - Baseline Cycle Safety	Peer Pressure Adults' & Children's Views	Water Safety Assessment - Summative
KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY
Assessment - Baseline Washing Hands	Healthy Eating Brushing Teeth	Medicine Assessment - Summative	Assessment - Baseline Healthy Living	Smoking Adults' & Children's Views	Alcohol Assessment - Summative
RELATIONSHIPS	RELATIONSHIPS	RELATIONSHIPS	GROWING AND CHANGING	GROWING AND CHANGING	GROWING AND CHANGING
Assessment - Baseline Friendship	Bullying Body Language	Touch Assessment - Summative	Assessment - Baseline Appropriate Touch (Relationships)	Puberty Adults' & Children's Views	Conception Assessment - Summative
BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE
Assessment - Baseline Water Spillage	Practice Makes Perfect Helping Someone in Need	Stealing Assessment - Summative	Assessment - Baseline Coming Home on Time	Looking Out for Others Adults' & Children's Views	Stealing Assessment - Summative
FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS
Assessment - Baseline Jealousy	Worry Anger	Grief Assessment - Summative	Assessment - Baseline Jealousy	Anger Adults' & Children's Views	Worry Assessment - Summative
COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY
Assessment - Baseline Online Bullying	Image Sharing Computer Safety Documentary	Making Friends Online Assessment - Summative	Assessment - Baseline Online Bullying	Image Sharing Adults' & Children's Views	Making Friends Online Assessment - Summative
OUR WORLD	OUR WORLD	OUR WORLD	THE WORKING WORLD	THE WORKING WORLD	THE WORKING WORLD
Assessment - Baseline Growing In Our World	Living In Our World Working In Our World	Looking After Our World Assessment - Summative	Assessment - Baseline Chores at Home	Enterprise Adults' & Children's Views	In-App Purchases Assessment - Summative
HAZARD WATCH This module is suggested for years 1-3 and can be delivered where suitable			A WORLD WITHOUT JUDGEMENT	A WORLD WITHOUT JUDGEMENT	A WORLD WITHOUT JUDGEMENT
Assessment - Baseline • Is it safe to eat or drink? • Is it safe to play with? Assessment - Summative			Assessment - Baseline Breaking Down Barriers	Inclusion and Acceptance Adults' & Children's Views	British Values Assessment - Summative



Making Me



Making Me stories for years 1-3. EYFS expose children to a range of texts that focus on the range of feelings listed below.

	Year 1	Year 2	Year 3
Autumn 1 st Term	Happy – Abdul	Bored – <u>Pria</u>	Guilty – Precious
Autumn 2 nd Term	Sad – Sofia	Lonely – Zac	Loved – Charlotte
Spring 1 st Term	Angry – Daisy	Jealous – Bethan	Frustrated – George
Spring 2 nd Term	Excited – Harry	Okay – Ava	Shy – <u>Jaynil</u>
Summer 1 st <u>Term</u>	Proud – Lucy	Disappointed – Jason	Accepted – William
Summer 2 nd <u>Term</u>	Worried – Fraser	Brave – Rosie	Nervous – Joshua

Last Term feeling focus will link to transition.



Early Years

The following Early Years Learning Goals are prerequisite skills for PSHE in KS1:

Area of Learning	Early Learning Goals
Communication and Language	Listening attention and understanding Speaking
Personal, Social and Emotional Development	Self-Regulation Managing self Building relationships
Physical Development	Gross motor skills Fine motor skills
Understanding the World	Past and present People, culture and communities The natural world
Expressive Arts and Design	Being imaginative and expressive



Wake up Shake up to start the day and Mindfulness post lunch. Read-to-Me and Animated storybooks, Dilemma Drops and Talking Cards are central to development of personal, social, and emotional education (PSED) in the EYFS setting.

	Autumn Term	Spring Term	Summer Term
 EYFS	- Pink goes to school - Pink misses mummy - Orange feels worried - Yellow wants to play with orange - Yellow play fights - Red needs the toilet - Yellow's bedtime - Orange sleeps over - Blue learns to share - Why does purple play differently? - Orange brushes her teeth - Red visits the dentist	- Purple is poorly - Pink feels sad - Blue's indoor voice - Rainbow feels angry - Blue's best friend - Yellow's bedtime - Blue explores road safety - Pink's screen time - Red's hearing aid - Green gets glasses	- Rainbow's food journey - Rainbow helps at home - Green's greens - Blue gets lost - Purple's pet bird - Yellow learns about germs - Rainbow visits the seaside - Yellow goes on holiday - Red goes swimming - Orange moves house - Green is moving up a year - Purple watches the news
Topical PSHE	Anti-bullying Week		
 Year 1 5-8 Resources	Feelings and Emotions - Assessment Baseline - Jealousy Being Responsible - Assessment Baseline - Water Spillage	Our World - Assessment Baseline - Growing in our World - (<u>Our Bodies</u>) Relationships - Assessment Baseline - Friendship	Keeping/Staying Healthy - Assessment Baseline - Washing Hands Keeping/Staying Safe - Assessment Baseline - Road Safety Computer Safety - Assessment Baseline - Online Bullying



Making Me 	Autumn 1 - Happy - Abdul Autumn 2 - Sad - Sofia	Spring 1 - Angry - Daisy Spring 2 - Excited - Harry	Summer 1 - Proud - Lucy Summer 2 - Worried - Fraser
Topical PSHE	Anti-bullying Week		
 Year 2 5-8 Resources	Feelings and Emotions - Worry - Anger Hazard Watch - Assessment Baseline - Is it safe to eat or drink? - Is it safe to play with? - Assessment Summative	Our World - Living in our world - Working in our world <i>*can be taught in FEd</i> Relationships - Bullying - Body Language Being Responsible - Practice makes perfect - Helping someone in need	Keeping/Staying Healthy - Healthy Eating - Brushing Teeth Keeping/Staying Safe - Tying shoelaces Computer Safety - Image sharing - Computer safety - Documentary
Making Me 	Autumn 1 - Bored - Pria Autumn 2 - Lonely - Zac	Autumn 1 - Bored - Pria Autumn 2 - Lonely - Zac	Summer 1 - Disappointed - Jason Summer 2 - Brave - Rosie
Topical PSHE	First Aid Workshops Anti-bullying Week		



 Year 3 5-8 Resources	Keeping/Staying Safe - Staying Safe - Leaning out of windows - Assessment Summative Keeping/Staying Healthy - Medicine - Assessment Summative	Relationships - Touch - Assessment Summative Being Responsible - Stealing - Assessment Summative	Computer Safety - Making friends online - Assessment Summative Feelings and Emotions - Grief - Assessment Summative Our World - Looking after our world
Making Me 	Autumn 1 - Guilty - Precious Autumn 2 - Loved - Charlotte	Spring 1 - Frustrated - George Spring 2 - Shy - Jaynil	Summer 1 - Accepted - William Summer 2 - Nervous - Joshua
Topical PSHE	Anti-bullying Week		
 Year 4 8-11 Resources	Keeping/Staying Healthy - Assessment Baseline - Healthy Living A World Without Judgement - Assessment Baseline - Breaking Down Barriers Feelings and Emotions - Assessment Baseline - Jealousy	The Working World <i>*planned as FEd</i> - Assessment Baseline - Chores at Home Being Responsible - Assessment Baseline - Coming Home on Time Computer Safety - Assessment Baseline - Online Bullying	Keeping/Staying Safe - Assessment Baseline - Cycle Safety Growing and Changing - Assessment Baseline - Appropriate Touch (relationships) <i>Introduction to puberty and periods</i>



Topical PSHE	First Aid Workshops Anti-bullying Week	Making Me resilience workshop	
 Year 5 8-11 Resources	A World Without Judgement - Inclusion and Acceptance - Adult's & Children's views Feelings and Emotions - Anger - Adult's & Children's views	Keeping/Staying Safe - Peer Pressure Adult's and Children's views Keeping/Staying Healthy - Smoking - Adult's and Children's views Computer Safety - Image Sharing - Adult's and Children's views	Growing and Changing - Puberty - Adult's and Children's views Being Responsible - Looking out for others - Adult's and Children's views The Working World <i>*can be taught in FEd</i> - Enterprise - Adult's and Children's views
Topical PSHE	Anti-bullying Week	Making Me resilience workshop	
 Year 6 8-11 Resources	A World Without Judgement - British Values - Assessment Summative Feelings and Emotions - Worry - Assessment Summative	Growing and Changing - Conception - Assessment Summative - (<i>Puberty recap</i>) Being Responsible - Stealing - Assessment Summative Computer Safety - Making friends online - Assessment Summative	Keeping/Staying Healthy - Alcohol - Assessment Summative Keeping/Staying Safe - Water Safety (<i>teach before box end visit</i>) - Assessment Summative The Working World <i>*can be taught in FEd</i> - In-app purchases - Assessment Summative



<i>Topical PSHE</i>	Democracy - Election of school/ eco councillors Mental Health Awareness Month - October Black History Month - October First Aid Workshops Remembrance Day Anti-bullying Week	Mock Trial Making Me resilience workshop	Making Me - transition to secondary workshop
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